



COMMUNITY HEALTH EDUCATION PROGRAM VIDEOCONFERENCING SESSION

a CHSSN initiative funded by the McGill Training and Retention of Health Professionals Project through Health Canada

Moderated by Jo Ann Jones at the Montreal Children's Hospital.

"Shingles: Are you at risk?"

with Leila Ramman-Haddad, R.N. Leila Ramman-Haddad is currently the Infection Control Coordinator at St. Mary's Hospital (McGill affiliated hospital) since 1996. A clinical nurse specialist, she is a published author and presenter on many studies about the prevention and spread of infectious diseases and hand hygiene quidelines for Quebec health institutions.

Come join us for a free ENGLISH information session. (A 45-minute presentation,

interspersed with your questions*).

Find out about:

- Shingles and who is at risk
- The symptoms and complications
- How, when and where to get treatment or help

You will have the opportunity to ask questions and discuss issues related to shingles.

Hair shaft

Initial stage consists
of burning pain
and sensitive
skin

Weakend
immune
system
reawakens
virus

Dormant
Varicella
virus

Nerve
fiber

Skin surface

Blisters develop
resembling
chicken pox
and fill with
pus

Blisters
eventually
burst, crust over
and heal

Nerve
damage
can cause
postherpetic
neuralgia

Title: "Shingles: Are you at risk?"

Presenter: Leila Ramman-Haddad, R.N.

Date: November 7th, 2012 Time: 10:00 am to noon

Place: Baie-Comeau High School, Room 317 and

Sept-Iles Adult Ed Centre, 3^{rd} floor

<u>Please pre-register:</u> Marilyn Durepos - Tel.: 418-296-1549 (Baie-Comeau)

Jackie Bizeau - Tel: 418-968-3148 (Sept-Iles)

E-mail: <u>nscanpi@quebecnorthshore.org</u>

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