



Marc Deslaurier

Tadoussac , where the North Shore begins

www.quebecnorthshore.org

AGM and Community BBQ

On September 13th in Baie-Comeau, with an attendance of over 25 people, the NSCA held its 8th AGM followed by a community BBQ. The annual report was presented, along with the financial report and project reports were available for public viewing. Elections were held with five board members returning for another mandate, and three new members were added to the Board of Directors. Welcoming words given to our new board members - Marilyn Durepos, Maxime Coté, Matthew Durepos and our five returning officers. Mr. Marc Deslauriers was re-elected as Chairperson of the NSCA for another two-year mandate; David Butland was elected as treasurer and our secretary and vice-president remains for another year. Congratulations to the elected board!

Presently, we are looking for board representation from the Sept-Iles and Fermont region as regional directors and also a youth director for the eastern sector (Sept-Iles & Port-Cartier). If you would be interested or should require further information please contact our office.

Many thanks going out to the members for attending both events and to those members who helped out in the many tasks required during the BBQ.



BOARD OF DIRECTORS 2008-2009

Marc Deslauriers	Chairperson
Narendra Parihar	Vice-Chair
Cathy Larivière	Secretary
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Maxime Cote	Director
Corine Desrosiers	Director

Marilyn Durepos	Director
Matthew Durepos	Youth Director
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Brian Rock	Director
Jody Lessard	Staff



GÉNÉRATION YOUTH FORUM A SUCCESS

Montreal, September 28, 2008 – The Génération Youth Forum came to a close today after a very successful weekend for over 100 young English-speaking delegates from across Quebec. Held at Concordia University, this forum was an important occasion for 16-29 year old English-speaking youth to reflect on priorities for their communities, strengthen their networks, develop leadership skills, and propose strategic recommendations for the future. Over the past months, consultations were held across Quebec to gain an understanding of priorities and preoccupations for young members of the English-speaking communities across the province. The findings of these consultations were released at the Forum and combined with analysis and discussion from the weekend will help shape a long-term strategic plan for the English-speaking youth of Quebec to be developed in the coming months.

Some of the key subjects raised in the regional consultations and elaborated during the Forum include access to quality education services, particularly adequate French-language instruction, forging a sense of identity and strengthening the sense of attachment and belonging for young English-speakers in Quebec.

A new [web-based information portal](http://www.cbc.ca/youngquebec) (www.cbc.ca/youngquebec) was also launched in collaboration with the Canadian Broadcasting Corporation. (CBC) This is a valuable tool for English-speaking youth in Quebec to access information and resources on employment, education, arts and other services available to them.

For Shawna Dunbar and Brent Platt, co-chairs of the QCGN Youth Standing Committee “This was an excellent opportunity for young English-speakers from across Quebec to come together and not only discuss the challenges we face, but also to develop practical long-term solutions for our communities. We will continue to move forward on the strategic plan make sure that governments, leaders, the communities, and other stakeholders take action.”

Another important part of the Forum was the networking opportunities, and new relationships that were formed. The Génération Forum was delighted to have several Francophone participants from Quebec as well as from other provinces, including representatives from the *Fédération des jeunes francophones du Nouveau-Brunswick* (FJFNB) “Official language minority communities across Canada face similar challenges. It is important that we work on solutions together to enhance our respective communities, strengthen bilingualism and linguistic duality nationwide” said Alexis Couture, President of the FJFNB.

For Conrad Ouellon, President of the *Conseil supérieur de la langue française* (CSLF) “As we continue to find ways to enhance social cohesion in Quebec, notably through the use of French, the language of public usage in Quebec, the CSLF believes it is important to participate in constructive discussions like this one organized by the QCGN. We encourage further research to develop solutions that will allow the English-speaking youth of Quebec to reach their full potential here”

The Génération Forum was an initiative developed and led by youth. The QCGN will continue to support our Youth Standing Committee as they continue to move this project forward.

For more information, updates, and upcoming activities, you are invited to stay connected through the [QCGN website](http://www.qcgn.ca) as well as through the [CBC web portal](http://www.cbc.ca/youngquebec)

A few words on the QCGN youth forum

I'm overall very satisfied with the event. We got to meet with youths from almost every region of Quebec, except maybe the Saguenay Lac St-Jean region and participated in a workshop on both days. The first day was a workshop with everybody who attended the forum, including representatives of various community organizations. The second day was a workshop that we had chosen ourselves ahead of time (Carrefour Emploie Jeunesse Incubator project). The networking between various organizations including federal and provincial governments proved to be the most valuable aspect of the whole forum – making contacts. Obviously it came clear to us that the youth representing various regions had very different population demographics. This illustrated how different our needs are from region to region. The isolation aspect of most Anglophones communities did stand out as a major factor to their youth exodus. More participation with francophones in community activities had been expressed by all regions.

We were greeted and fed like kings and entertained by young talented performers from the Purple Dragon group on Saturday evening as well as the Play Back improve acting group. All in all, it was to celebrate active and dynamic youths who are involved in making their communities better.

Max



On the weekend of September 27th and 28th, the NSCA had the privilege of having 5 dynamic youth representing their region at the Provincial Youth Forum in Montreal. Our youth had the opportunity to attend interactive workshops, work on long-term visioning and the chance to network and meet other youth from various regions of the province. The forum gave them a chance to discuss the issues facing the Anglophone youth and to start the development of a 3 to 5-year strategic plan for the English-speaking youth, which is based on their ideas and inputs. NSCA would like to thank our 5 youth delegates in attending both events and most importantly representing our region.

Thank you Amanda, Annie Jane, Andy, Matthew and Max!

The QCGN GÉNÉRATION Youth Forum, held on September 27, 2008, brought together 100 English-speaking youth from across Quebec to reflect on priorities for their communities, strengthen their networks and propose strategic recommendations for the future. Over the coming weeks, Forum participants will be sharing their thoughts, ideas, and aspirations for their communities and for Quebec.

The Possibilities of the North Shore

Amanda Durepos

Any proud North Shore inhabitant will tell you that our scenic region boasts a wide range of activities. An inventory of over 200 clubs and organizations are available to our youth - from a rich artistic community to numerous team sports and a youth radio club. The area's topography allows for several unconventional hobbies that most urban areas simply cannot cater to. The North Shore is the perfect place to take up snowmobiling, motocross, hiking, hunting, skiing, kayaking and a personal favourite of mine - camping. In fact, our vast region encompasses nearly 275 kilometres of breathtaking trails, winding through forests and sweeping the St. Lawrence River.



Nonetheless, a rising number of youth choose to move out of the region after their education, many never to return. In such a secluded geographical area, it is not surprising that many may feel curious about more densely populated regions. After having lived in a small community all your life, illusions of an overflow of job opportunities and a more vivid social life in Montreal or Quebec City inevitably fill your head. After all, each of us would like to live our lives to the fullest and it is difficult to do so under the assumption that there is more to experience out there.

The truth is that it's all here! The North Shore is way more exciting than you would expect. There are an endless number of festivals taking place each year, an extensive bank of job opportunities for bilingual youth and a myriad of modest-sized communities allowing for close-knit friendships and family ties. This exceptionally strong sense of community gives one the ability to speak up and actually be heard. This is why it is essential for the youth to take initiative before it is too late. We must preserve the unique lifestyle of the proud people of la Côte Nord!

For the moment though, there seems to be a lack of enthusiasm...

Hopefully this is only a phase. The QCGN Youth Forum held in Montreal was an enlightening experience for me. Issues that had admittedly seemed hopeless suddenly came into perspective when I saw the great number of youth enthusiastic to make a difference. We worked together to form strategic recommendations: solutions to problems specific to our respective regions. For the North Shore, I would love to see the implementation of a project promoting closer ties between English and French communities—whether it be in the context of schools, young entrepreneurship projects or even social activities. I think that it is especially important for the language barriers to be brought down in order to make the experience of living on the picturesque North Shore better for everyone.

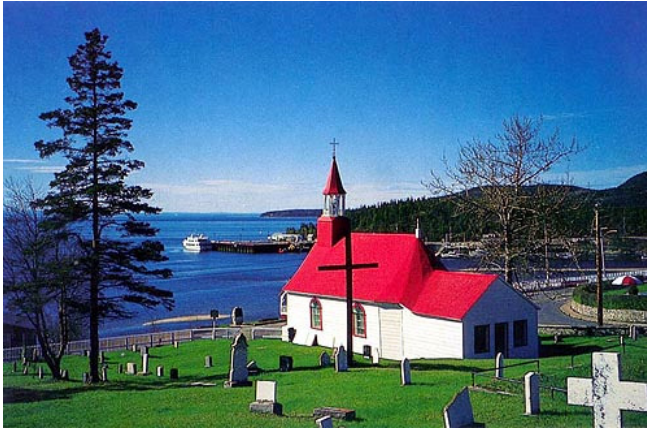
The Youth Forum on September 27th was held at Concordia University in Montreal. With guest speakers from the QCGN and CBC, participants were given a pep talk very early in the morning, along with free breakfast and coffee. At least 100 youth were divided down in order to be able to work in more tightly-knit groups to discuss major issues central to our respective regions, and come up with specific strategic recommendations. It was surprising to see the vast difference in issues across the province of Quebec: larger urban communities such as Montreal do not face issues such as lack of visibility of the English community, although they face other hardships such as discrimination in the workplace. Certain communities have more specific obstacles to overcome, such as geographical seclusion and the need for transportation to get involved in community events. I was surprised to learn that even the communities closest to us had issues that differed from ours-- yet we were still able to work together, helping each other to develop project ideas that would cater to each region specifically.

It was encouraging to sense the enthusiasm of the youth. The event as a whole was a success because of this willingness to do something about issues that concern each of us personally. A CBC Web Portal was launched at <http://www.cbc.ca/youngquebec>. According to the website, "...the portal contains stories about your regions and your communities, profiles of interesting young Quebecers, and most importantly, information on getting a job, starting your own business, maintaining your health and well-being, and getting an education – it's all here and much more." Furthermore, CBC has a segment each October by the name of "Montreal Matters"-- and this year's theme is "the youth". Consequently, tidbits of the forum were filmed and will be televised to boast the involvement and enthusiasm of the youth in Quebec. As a whole, the experience was enlightening, productive, and reassuring (for me at least-- knowing that I am not alone in feeling what I have felt since I was old enough to understand the clashes that the simplicity of languages can bring about). There was a general agreement at the Youth Forum that these differences are but obstacles, walls that can be brought down if we are willing to work together to understand one another...

Amanda

First instalment of the Road trip through the North Shore

By Marc Deslauriers



The chapel at Tadoussac is the oldest wooden chapel in North America.

This place we call home is vast and has the smallest population in respect to the other regions of Quebec, but what a breathtaking panorama it gives. The history of our region is young and yet ancient and was developed by migration mostly that took place in our not so distant past. Newsprint and logging were the main drive to development, followed by multi-national companies that developed our iron ore industry. This industry is now being outpaced slowly by aluminium smelters, so it seems that large industry has been and will remain the driving force of our region. The fisheries, berry industry and mining equipment manufacturers now make up most of the remaining economic activity of the North Shore. Tourism has not yet peaked and there is very little known about our region to the rest of the world except for a small town that is the gateway

to the North Shore, Tadoussac.

Tadoussac was the first trading post of North America and was established in 1599, by Francis Grave and Captain Pierre Chauvin. This quaint village of some 900 souls has always been a holiday retreat and a sleepy little town on the mouth of the Saguenay River with the only access south being a ferry. Route 138 is the backbone of the North Shore and runs, on the North Shore from Tadoussac to Natashquan. The length of Route 138 from Tadoussac to Havre St. Pierre is 651 kilometres, a seven and a half hour drive.

Let's start by meeting Tadoussac, with its summer song festival and fine restaurants and of course the Hotel Tadoussac that was built in 1864. The old chapel is still there and was restored to its original condition of 1599. The Ferry is the life line to this town and to travelers to the North Shore including the massive trailer trucks that haul all things possible to the towns and cities of the North Shore. Whale watching is now a major tourist attraction in Tadoussac from the belugas, Orcas and porpoises, to the humpbacks the show is always great and whale watchers abound to board the cruise ships and zodiacs for a close up of the giants. Most tours start in Baie St. Catharine and



The Ferries in action between Baie Sainte Catherine and Tadoussac.



A humpback whale in full jump in the Saguenay.

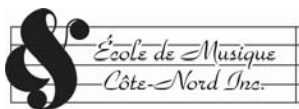
follow the shore of the St. Lawrence into the fjord. Another point of interest in the town is the restaurants, hotels and bed & breakfasts. One that I have a heartfelt preference for is La Gallouine Inn and Restaurant where you will be attended by the young owners Martin Brisson (Chef) and Paryse Deschênes (Hostess), to a treat in gastronomy of the products of the North Shore. You will never find a French fry or fast food only the best of what the North Shore has to offer, including Martin's famous hot smoked salmon and chutneys. They also own the handicraft and souvenir shop in the building complex, L'Aquilon, where you will be able to purchase souvenirs, handicrafts as well as local food products, including the smoked salmon, cloud-berry jellies and jams as well as goat milk soaps and honey product from nearby Sacré-Cœur. These young entrepreneurs have returned from a short stay in Montreal where they

were not happy with their life-style and in a few years have earned the bragging rights of having the best table in Tadoussac. Stop and meet these individuals and have an epicurean delight at their table.

Tadoussac is the gateway to the North Shore and if first impressions mean anything than this is the beginning of a scenic trip towards your final destination. This leg of the trip that brings us towards the next village, Les Bergeronne, which is a delight for the eyes, with its lakes and rivers, a real treat. A few outfitters are situated along this route and the fishing is great. Our first leg of this trip is done, I hope that you have enjoyed it so until next time happy travels.



La Gallouine Inn and Restaurant and L'Aquilon.



Hurray for partnerships!

During last summer, many young people had the opportunity of attending some Day Camps.

Two of these Camps profited from the Partnership Table of the Baie-Comeau Community Learning Center. Indeed, with the help of Lise Chenier, coordinator of the CLC, the following members: Stephen Kohner, for the Diocese of St-Andrew and St-George, Jody Lessard, for the North Shore Community Association, and Pia Di Lalla, director of

École de Musique Côte-Nord, were able to work together so that the Diocese and the Music School could both take advantage of this partnership.

After a few meetings and set-ups, the Diocese hired a college student to work on a new project for an English Day Camp. This student was to receive a few weeks of training and then coordinate the English Camp that was held for the first week of August 2008.

Since the Music School had been offering a Music Day Camp for the last three summers, it "borrowed" the services of this student so that she could receive the appropriate training. She was at the Music School Day Camp for one week of preparation and two weeks of actual Day Camp, which was held on July 7th to 18th, 2008.

The student hired for this great experience was Éloïse Bonneau, Cégep de Baie-Comeau student, graduate of the Class of 2006 at BCHS. Éloïse is now studying at Concordia University in Psychology.

The Music School is very happy to have had this wonderful opportunity, and hopes this will be possible again in the future.

In all, there were 37 children attending Music Camp (ages ranged from 4 to 17) and 12 attended the English Camp (ages 5 to 11). What a success! Bravo to all the people who worked on both these projects!



The Church of St. Andrew & St. George Baie-Comeau, QC

Dear Members of the NSCA Executive,

I wish to take this opportunity to thank your Association for the contribution of \$300 that was put towards our English Day Camp this past August.

The grant allowed us to hire a third animator from the Anglophone Baie-Comeau community to work with the other two day camp animators, as well as with the purchase of some necessary supplies.

This pilot project saw 12 youth between the ages of 5 and 12 participate in our week-long camp. The response from them and the parents was very positive. Based on their feedback as well as a wrap-up meeting held with the animators and coordinators, we now have a solid base and potential plan of action for organizing a four-week day camp next year.

No doubt, the other communities served by the NSCA could benefit from our experience. We are available to help out if necessary – it is very evident that there is a need for strategically-located English-based day camp in our communities. The demand, the need, and the expertise are all in place. It is my hope that the NSCA is able to continue supporting this kind of initiative.

In closing, I want to pay a particular thanks to Jody for her implication. Her energy, enthusiasm and leadership were key to our success and experience. In addition, the initiative could not have been possible without the facilitation of BCHS' CLC, namely Lise Chénier. Our ability to synergize our efforts certainly paid off and we are a richer Anglophone community as a result.

On behalf of the day camp participants, animators and coordinators, THANK YOU!

Sincerely,

Canon Stephen Kohner

Fruitful Summer at B-C's Anglican Church

By Stephen Kohner

“THANK YOU!” Those words were said on more than one occasion this past summer in Baie-Comeau as various community groups used the facilities at the Anglican Church of St. Andrew and St. George as part of the “Open Doors” initiative.

For the past number of years, the congregation has applied for a grant of \$2000. The money, which in fact derives from the Anglican diocese of Quebec and the Deanery of the North Shore, allows the church to offer its facilities to community groups. They are looking for a unique locale to host a particular kind of event, but they do not necessarily have the budget to pay rent.

Thanks to “Open Doors”, the church as of late has been buzzing with activity. We hosted two one-week music day camps in early July. The local music school, located 500 metres away, needed extra space and a performance venue. In addition, the church paid for an animator to help out with the day camp activities, thanks to a Service Canada grant. Each day camp saw about 20 young musicians use the different rooms for their activities, be it for play time or for structured music lessons. Two Friday afternoon concerts saw every pew packed with spectators.

The church was able to answer their need for space, and we used the grant money to defray the cost of maintenance and a rental fee (the music school is a non-profit community group and like most groups, has a very tight budget). Since the church is less active in terms of worship services in the summer, it was a way to make use of the building in a positive way.

The church opened its doors throughout the summer for guided tours. A second grant from Service Canada allowed for six weeks of bilingual tours. We used the deanery grant to help defray the cost of advertising, while the salary was paid for by the government grant. Despite the inclement weather, high cost of gasoline and construction in the area, we welcomed about 150 tourists. We are always pleasantly surprised by the number of local residents who drop in – they have heard about the church, but never ventured inside.

A quartet known as *La Tournée* held a chamber music concert in the church on August 6th. With close to 50 people in attendance, they played a variety of 20 musical compositions. The beautiful sounds of an alto violin, two violins and a violoncello filled the church for close to two hours. We received a lot of positive comments on the quality of sound and the “warmth” of the building.

The highlight of the summer was an English day camp that was coordinated by three community groups: the church, the North Shore Community Association, and the BCHS' Community Learning Centre (CLC). Although we have offered Christian day camps before, there was a community need for an English day camp. Similar to other north shore communities, ours is comprised of mostly francophones; the demand for English-based instruction and exposure to the language is ever-growing and increasing in value. Since the church had a centrally-located locale, it was able to offer a venue and act as a base camp. Twelve youngsters between the ages of 5 and 11 thoroughly enjoyed the week; the three animators planned indoor and outdoor activities, placing an accent on immersing the participants in an English environment. We have come to realize that we could easily host four weeks of language-based day camps next year.

So what does it take to make it all happen? The grants provide essential seed money, as well as the extra supervision and maintenance costs. The ever-growing list of community partners help facilitate and coordinate the use of the church premises and provides leadership. And there is the constant desire of the church to become an ever-present part of people's lives. The church constantly needs to use creative ways to make this all happen.

I would like to express my thanks to Jody Lessard (NSCA), Lise Chénier (BCHS-CLC), Pia DiLalla (École de Musique Cote-Nord), Service Canada and Amanda Durepos, Eloise Bonneau, & Annie Jane Burgess Butland who were our three animators who planned the day camp activities. We have gained a lot of experience this past summer and are looking forward to expanding our activities throughout the year.



HPV VACCINATION CAMPAIGN

Vaccination activities against the human papilloma virus (HPV) began on September 17 in certain schools of the region. As it was announced last April, this vaccination program became effective across the province on September 1st. The Gardasil vaccine will be offered free of charge to young girls of grade 4 and of secondary 3 as part of the vaccination schedule for schools.

On the North Shore this vaccine will also be offered at school to young girls of secondary 4 and 5. Other girls under the age of 18, who cannot be vaccinated because they do not attend school can still be vaccinated at no charge, according to the terms and conditions established by the local health institution. The vaccine is not free for women 18 years of age or older.

The HPV vaccination is scheduled for three doses. In the case of adolescents and adults, the doses are given over six months to achieve rapid protection. Under the school vaccination program, fourth graders will be vaccinated according to an extended schedule: two doses administered in grade 4 and the third dose in Secondary 3.

The vaccine used in the vaccination program protects against cervical lesions- caused by HPV types 16 and 18- and genital warts caused by types 6 and 11. The vaccine produces antibodies that protect against these four types of HPV. The vaccination is a vital additional protection for women against HPV. Vaccination is expected to prevent 70% of all cervical cancer, in addition to significantly reduce cases of pre-cancerous lesions and genital warts

For more information about HPV and your regional vaccination campaign, you can contact your local CSSS or physician.

Source: MSSS

INFLUENZA

2008-2009 Vaccination Campaign

The free influenza vaccination campaign will start on November 1st, 2008. The department of Health and Social Services strongly suggests that the annual vaccination against influenza is that, to date, the best defence against this infection.

The vaccine is offered free to people who are at higher risk of developing complications from influenza and as well as those who come into regular contact with these individuals.

Vaccination is free for:

- people 60 years and older
- children aged between 6 and 23 months
- people of all ages with certain chronic diseases
- people who come into regular contact with the above-mentioned individuals
- people who take care of children aged between 0 and 23 months
- health care workers

Measures of simple hygiene such as frequent washing of hands can also contribute to protecting your health and those around you.

To get your flu shot, contact your physician or the CLSC in your health and social services centre.



Washing your hands is
more important than ever!

NSCA continues with Community Public

Health Strategy...

The Community Public Health Strategy (CPHS) is part of the CHSSN Population Health Project

"We Can Act: A Community Health Promotion Strategy for English-speaking Communities. The CPHS is intended to support English-speaking communities in reinforcing relationships and exchanges with regional and local public health professionals in the delivery of adapted public health programs in selected regions.

In our last fiscal year, the NSCA was funded a project through the CHSSN Community Public Health Strategy, which enabled the organization to increase their knowledge on the public health programs that are offered in the North Shore region. As an indicator of results achieved, the NSCA had a more knowledgeable understanding of public health programs and the framework of the Ministry of Health & Social Services, increased their visibility with local and regional public

health planners and professionals. This opportunity had allowed us to organize an exchanging partnership amongst other English-speaking community networks; an increased knowledge of existing programs and networking ideas together to improving access to services in English on the North Shore was the accomplished objective of this initiative.

In continuation with the Community Public Health Strategy, the NSCA will focus on accessing the English-speaking needs of the population in regards to public health and social services. This project will allow us to conduct a survey within the Anglophone community and to work with the educational institutions to attain a clearer insight of our specific health and social service needs. We will continue to maintain partnership with the regional agency to evaluate identified needs of the ESC of the region, and network ideas with the Agency and other ESC partners in aiming towards improving access to services in English.

October is Breast Cancer Awareness Month **Québec Breast Cancer Screening Program**

The goal of the Québec breast cancer screening program is to reduce mortality due to breast cancer by at least 25% among women aged 50 to 69, over a ten-year period. Many studies show that operating a screening program for a number of years can lower the mortality rate from breast cancer by 25%.

A personalized invitation letter is sent to every woman in the age group targeted by the program. When they turn 50, all women in Québec are mailed an invitation to take part in the Québec breast cancer screening program (Programme québécois de dépistage du cancer du sein). Services are available in every region of Québec.

The invitation letter mailed to you is also a prescription. It contains information about the program and the phone numbers you need to make an appointment for a mammogram at a designated screening centre in your region. You may also ask your doctor for a prescription and make an appointment at a designated screening centre.

When you attend your appointment at the designated screening centre, you will be asked to fill out and sign a consent form. You are then registered in the Québec breast cancer screening program.

For further information, please contact **the program coordination centre**.

Agence de la santé et des services sociaux de la Côte-Nord

691, rue Jalbert

Baie-Comeau (Québec) G5C 2A1

Téléphone : (418) 589-9845, poste 2238

Télécopieur : (418) 589-8574

Other information

CDDs of Côte-Nord - Region 09

Number of designated screening centres (CDDs): 3

Number of mammography machines:

Établissements Publics

Centre de santé et services sociaux de Manicouagan

Centre hospitalier régional de Baie-Comeau (CDD et CRID)

635, boulevard Jolliet

Baie-Comeau (Québec) G5C 1P1

Téléphone : (418) 589-3701

Mammographes : 2 Centre de santé et services sociaux

de la Minganie

1035, promenade des Anciens

Havre-Saint-Pierre (Québec) G0G 1P0

Téléphone : (418) 538-2212

Mammographes : 1

Centre de santé et services sociaux de Sept-Îles

Centre hospitalier régional de Sept-Îles

45, rue du Père-Divet

Sept-Îles (Québec) G4R 3N7

Téléphone : (418) 962-9761

Mammographes : 1

Info-Santé

24 hours a day, 7 days a week

Are you concerned about your health or someone else's? For a professional opinion or to find out where to go and whom to consult, you can contact a nurse with extensive clinical experience at any time of day.

Call anytime 8-1-1

Source: Ministère de la Santé des Services sociaux

Info-Social/Crisis Intervention

24 hours a day, 7 days a week

For quick and confidential assistance when dealing with a crisis situation or social distress.

Call anytime 8-1-1

Source: Ministère de la Santé des Services sociaux

SCHOOL & COMMUNITY

ACTIVITIES

Oct 16 Parent-Teacher meeting 6-9 pm @BCHS (B-C)

Oct 21 Fermont School Lunch Club Activity (gr.2 &3)

Oct 21 Home & School Association Meeting @ 7pm – BCHS (B-C)
Governing Board Meeting @ 7pm – Riverview School (PC)

Oct 22 Fermont School Lunch Club Activity (gr.4,5 &6)

Oct 22 Governing Board Meeting @ 7pm – BCHS (B-C)

Oct 24 Fermont School Lunch Club Activity (gr.1)

Oct 30 Riverview School Halloween Party – evening: hour
TBA(P- C)

Oct 31 No classes **pm only** –BCHS (B-C)

CLIMATE CHANGE & WHAT WE CAN DO ABOUT IT



On Sept 16th, the Anglophone community of Baie-Comeau had the opportunity to participate in a dynamic information session on climate change.

Dr. Katherine Clough, with a background in botany and plant pathology and had a career in research, including being one of the 250 Canadians trained by Al Gore to give public presentations

based on the Academy Award winning documentary "An Inconvenient Truth", was the presenter of the evening. This presentation was prepared by the Climate Project Canada,

in view of raising awareness and talking about potential solutions to preserve the climate balance of our planet.



Working in partnership for the Anglophone community, this event was organized through the NSCA and

BCHS Community Learning Center.



Community Learning Centre

Fleming students and staff participated once again in the Terry Fox Walk. This year, the teachers encouraged their class to set, meet, and surpass their fundraising goal. Thanks to everyone, we succeeded in raising over 1,720.00\$.

Mr. Jolly had no choice but to wear a Canadian hockey shirt while Mr. Di Ciccio had to don all the required clown apparel when their class surpassed their fundraising goal.



Mr. Denis would like to congratulate all students who participated in the CROSS COUNTRY event.

Thanks to our PPO, students, teachers, staff and parents got to spend a great FAMILY DAY outdoors after sharing a healthy delicious breakfast.



Odette
Spiritual Animator

Terry Fox Run '08 – QEHS



Queen Elizabeth High School had their annual Terry Fox Run event on September 26th, 2008 which, despite the "pulling teeth, hair and toenails" finally got off to a start. The students collected \$836.73 which to everyone's amazement was collected within 72 hours. The sun shone and smiling faces blazed the trail...Thanks to all who participated and let's continue to fight for the future.

Rosemary Feger/Michela Cox
Queen Elizabeth High School

Fermont School

The Daily 5 Program has already started in the classroom again this year. Our students really enjoy the Daily 5 Program and their favourite activity is reading to their friends in the classroom.

Mrs. Kean's cycle one class made funny turkeys for Thanksgiving.



A Word from the President

Another very successful year for the NSCA. Our community directory is out and distributed as well as our pamphlet, and we have an updated version of the North Shore Services Assessment. We have been delivering our quarterly newsletter "Let's get Connected", which seems to be very appreciated by our readership. We have been involved with our youth and with the six cultural showcases co-sponsored with Eastern Shores School Board.

We have this past year worked on reaching out to the Sept-Iles community and have had great results with a 35% increase in membership; let's keep up the good work.

We have been working closely with the Coasters and the CHSSN regarding the health sector services on the North Shore, as well as developing a communications strategy, improving access to health services in view of overall sensitivity regarding regional health services. Ms. Jody Lessard has been instrumental in the realisation of these efforts. We also have a representative from the NSCA sitting on the Board of Directors of the Quebec Community Groups Network (QCGN); Ms. Corine Desrosiers - our heart felt congratulations.

We will be undertaking many activities this year with more of an effort on our retirees and senior members, as well as building for the NSCA a three year strategic plan, in order to keep on track with our short to medium term objectives.

We also always need your help as volunteers and your ideas; if you feel up to it call or e-mail the NSCA. We are here to serve you.



Community Learning Centre

Internet Safety Workshop for Parents



Nancy Duncan, Director of Family Services and Programs from The Missing Children's Network will be facilitating a dynamic and interactive presentation for parents on keeping our children safe while using the internet. Since 1993, the Missing Children's Network has been offering prevention seminars to parents, in which they focus on the importance of effective communication, as well as the development of sound safety skills in children aged 0 to 12. This video conference is being hosted by the St.Lambert Elementary School Community Learning Center. It will be interactive and displayed at the Video Conferencing Network (VCN) room, Baie-Comeau High School.

WHEN & WHERE?

Wednesday, November 12th at 7pm

Baie Comeau High School – Room 317

REGISTRATION

Contact Maxime Côté – CLC Coordinator- at 418-296-1547

English Community Directory for the North Shore

The NSCA Community Directory, a guide containing details of services, organizations, groups and other useful contact information is available for communities of the North Shore.

The Community Directory is a great resource made available to our members/newcomers of the region.

Copies will be mailed to members and also available for public at our office.

If you know someone who might want to have a copy please have them contact us at the office for more information (418-296-1545)

An online version of the directory will be made available on our website. www.quebecnorthshore.org

The liability of educators, custodians and supervisors

Now may be a good time to review what the law says about school personnel. When can a teacher be held accountable for an accident? How can a school principal search a student? When must a daycare worker contact the Director of Youth Protection?

Parents often leave their minor children in the temporary care of a teacher, daycare, summer camp, or even a sports team. In so doing, they are in effect temporarily delegating parental authority. The teacher, childcare worker, or supervisor gains some control over the child, but also takes on responsibilities toward both the child and society.

When we think of the acts of a child for which an adult can be held responsible, we often think of a child who breaks something or who hurts another. However, current events have led to new rules in this domain... It is now important to know what to do if a child comes to school with a gun...

The latest edition of the Éducaloi bulletin explains the extent to which any person who temporarily assumes custody of a minor child may be held liable.

Want to find out more about your rights and obligations?

Access the free legal information in everyday language by visiting www.educaloi.qc.ca

Worship Services

All Saints Church



Sept-Iles

Oct. 19	Anglican Service 10:30 a.m.
Oct. 26	United Service 10:30 a.m.
Nov. 2	Anglican Service 10:30 a.m.
Nov. 9	United Service 10:30 a.m.
Nov. 16	Anglican Service 10:30 a.m.
Nov. 23	United Service 10:30 a.m.
Nov. 30	Joint Service 10:30 a.m.
Dec. 7	Anglican Service 10:30 a.m.
Dec. 14	United Service 10:30 a.m.
Dec. 21	Anglican Service 10:30 a.m.
Dec. 24	Candlelight Service - Joint Service at 7:30 p.m.



Church of St. Andrew and St. George

Baie-Comeau



Nov. 9	Remembrance Day Service at 11:00 a.m.
Nov. 30	Regular Service at 11:00 a.m. First Sunday in Advent

All Saints Church Xmas

Raffle

The annual church fundraising event, *Xmas Raffle*, has begun their ticket sales for the following prizes:

- 1st prize – Log cabin patchwork quilt – valued at \$600
- 2nd prize – Handmade quilt – valued at \$400
- 3rd prize – Traditional two-stem rowboat of the Lower North Shore - \$225

Tickets are on sale for \$1 each Help support the local church!!!

Drawing to be held on Dec 4th, 2008 at All Saints Anglican Church (47 Ungava St. Sept-Iles)

At 8:30 pm

To purchase tickets or more information, please contact

Linda @ 418-968-2016



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Photos Needed!!!

NSCA is seeking digital photos of scenic spots on the North Shore.

Photos are needed for the cover page of the "Let's Get Connected" community newsletter and website, which will be revamped in the coming months.

Photographers will be acknowledged for their photos!!!

NSCA

The North Shore Community Association is a non-profit organization, dedicated to instilling pride within the English-speaking community living on the North Shore. Our aim is to empower its residents with information by working to make resources available, promoting access to services, and raising awareness amongst the greater community that we live in. Through encouraging and improving communication, we believe this will result in a strong network and will provide opportunities for us to come together.

Website www.quebecnorthshore.org

QCGN Daily Briefing

The QCGN distributes a daily press review, containing information and the latest news of interest for the English-speaking community of Quebec. The English Quebec Daily Briefing is archived on the QCGN Portal. The Portal provides access to back-issues, research reports and offers a fully-searchable index. To access the portal, simply click on the Portal Access link included at the top, right-hand corner of today's Daily Briefing. A username and password is required. To obtain your username and password, please send an email containing your full name and email address to info@qcgnc.ca

MEMBERSHIP FORMS



NSCA (North Shore Community Association)

P.O. Box 163 Baie-Comeau, Québec G4Z 2G9

Telephone 418-296-1545

NAME :

ADDRESS

TELEPHONE..... EMAIL.....

individual membership is free, includes copy of "Let's Get Connected" newsletter. (If you are not already a member, then get your membership in now and receive the next newsletter edition)



ENTREPRENEURSHIP PROGRAM



As a not-for-profit organization, YES Montreal (Youth Employment Services) enriches the community by providing English-language support services to help Quebecers find employment and start businesses.

The Entrepreneurship Program delivers business support services for small businesses and self-employed individuals with no age restrictions and at virtually no cost.

Our services will help you evaluate and refine your ideas, start or grow your business and help you locate the resources you need in order to maximize your success.



Your successful future begins with YES!

Our Entrepreneurship Program offers you a variety of services:

Grants & Loans Information

Learn about funding options that are available to you from a variety of community programs and grants and loans.

Entrepreneurial Workshops

Our workshops and seminar series leave no stones unturned, thus enabling the entrepreneur to be more than ready to start their venture.

Montreal's Entrepreneurship Guidebook

Now in its 3rd edition, our self-published entrepreneurship guidebook boasts over 450 pages providing entrepreneurs with everything from a detailed roadmap to starting a business, to an updated listing of local entrepreneurship resources.



Resource Center for Entrepreneurs

Browse through our extensive small business library, highlighting hundreds of publications running the gamut of the entire small business sector, with access to printers, fax machine, computers and internet.



Mentorship Program:

Our mentorship program aims to increase the success rate of start-up entrepreneurs by providing them access to the knowledge and expertise by being matched with experienced professionals in their respective fields.

Entrepreneurship Specialized Services:

(By appointment only)

Business Coaching Sessions

Getting the answers you need in order to maximize

Legal Information Clinic

Professionals in the field provide inside information and answers to such topics as business structures, contract law, taxation, and intellectual property.

Accounting Clinic

Professional accountants are available to provide you with information and answers to accounting issues such as record keeping, business valuations, financial statements and business taxes.

For more information, or to book your appointment, please call us at 514-878-9788

YES is a non-profit organization



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Successful futures start with



YES Montreal (Youth Employment Services)

666 Sherbrooke Street West, 7th Floor, Montréal QC, H3A 1 E7
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www.yesmontreal.ca