



www.quebecnorthshore.org

Let's Get Connected



Pointe-des-Monts

Summer has arrived! The flies are out, the sun is here, fishing has begun and tourists have started to appear. The Quebec North Shore, a region that charms all, beautiful scenery and warmth of its inhabitants; dedication and hard work from community members throughout the year deserves a period of rest. We are glad to offer our second annual summer newsletter edition to our members, and we hope you enjoy reading it. Keep in mind that we are always looking for contributors and volunteers for the newsletter committee. On behalf of the board of the North Shore Community Association, we thank you for your help through the year and best wishes for the summer season!

Marc Deslauriers,
NSCA Chair



On May 27th 2009, at **Baie Comeau High School**, the secondary students' drama club held their annual variety show. The play *Hansel and Gretel*, a modified version of a few classic fairy tales all mixed into one colourful scenario was written and performed by the club. An equally funny and hilarious version of *The Cat Came Back*, written by Harry S. Miller in 1983, was performed by elementary students. The Baie Comeau High School Community would like to forward their special thanks to Ms. Maria-Teresa Mastrocola for such devotion in organizing the event. Hours of rehearsals were evident as the audience of 200 souls laughed and cheered the performances.

Maxime Côté
Baie-Comeau Community Learning Center

Youth jump rope activity raises \$2345.40

It is with great pleasure to announce that on June 5th the elementary students of Baie Comeau High School participated in the fundraising event Jump Rope for Heart, and 45 students raised a record of **\$2, 345.40** for the Heart and Stroke Foundation of Québec. The jump rope activities were vigorously started with the help of the high school students. The Eastern Shores School Board Commissioner, Marc Deslauriers, announced that this activity in BCHS is on its 3rd year and has raised a total of **\$6, 215.56** in the three year period (**2007**: \$1868.51, **2008**: \$2001.65, **2009**: \$2345.40). The funds raised will definitely help subsidize heart and stroke researches and promote healthy living. Because of their support, the North Shore area will benefit from more than **\$25, 000** in research grants and health enhancement programs. The Baie Comeau Community Learning Center would like to forward its special thanks to the BCHS Spiritual and Community Animator, Ms.Jody Lessard for coordinating this event. Word of thanks to the participants for your commitment, your precious participation and your generosity for such a great cause. Your motivation inspires us all.



Maxime Coté
BCHS CLC Coordinator



Fourth instalment of the Road trip through the North Shore

by Marc Deslauriers

Our Stay in Baie-Comeau is now over and we are about to undertake the longest lap of this road trip, through Caniapiscau to Fermont. The road that leads to Fermont is the 389 and is an interesting one to say the least. We leave the 138 near Baie-Comeau and head due north. Just for the sake of conversion, it is as far from Baie-Comeau to Fermont as it is from Baie-Comeau to Montreal. Just from the junction of the 138 to Manic 2 there are 122 curves, like going nowhere real fast. Manic 2 is a feat of engineering as it is 71 metres high and has a basin of 125 sq km. It is a sight and one of the first of the Manic hydro system and one that was built between 2 mountains. Since we need to get on, we leave here and travel 215kms from Baie-Comeau to the Largest Arch Type dam in the World, Manic 5 or



The Dam at Manic 2

Daniel Johnson Dam. The Basin is 1973 square kilometres and the dam proper is 141 metres high. It is a remarkable feat of engineering and needs to be seen as such. Trivia maybe, but Manic 5 is the most photographed item on the North Shore.

We now move on towards our midway point to Fermont and that is the Relais Gabriel. This Multi-service station holds an Outfitter, Rooms, a Restaurant and Convenience store. It is the last stop for gas before Fermont. This place is run by the remarkable Savard sisters. They are very hospitable and will go to great lengths to make your stay enjoyable. Once you start climbing back on the gravel road, you will notice the Mounts Groulx. We have been on gravel now for quite a while and at 390 kilometres we hit blacktop and the now erased town of Gagnon. This once thriving town of 4000 inhabitants is now grass, trees, and a few streets. The town

was founded in 1960 and QCM stopped all operations in the early 1980's. The last person there turned off the lights on June 30, 1985.

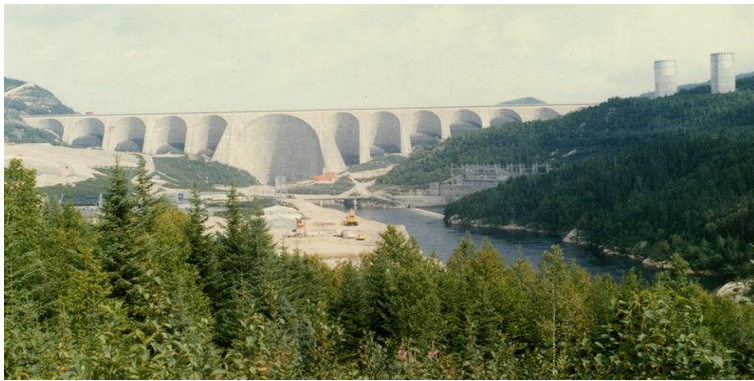
We continue our tour along the 389 with lakes, rivers and the occasional ptarmigan along the road. We are getting closer and will soon arrive at Fire Lake some 90 kilometres north of Gagnon.

Fire Lake, the first of the mines, is a twisted road, with 11 crossings. The scenery is low bush for the most part with lakes on either side of the

road. I tell myself that it is only 60 more kilometres, so I drive on. All of a sudden there is hardtop, asphalt for the purists, and up looms the mine at Mount Wright. A short drive down the tarmac and I get my first view of the windscreen at Fermont. The windscreen was erected in the early 1970's to protect against the north wind. It is 1.3 kilometres long and varies from 20 metres to 50 metres high.

Inside the wall are the municipal offices, police station, swimming pool, schools, arena, hotel, government offices and a shopping mall, just to mention a few. It is a remarkable structure built above the 53rd parallel. The people are extremely friendly and everybody seems to know each other. The population as of 2006 was 2471. Breathtaking and unique, words are not enough to describe the feeling of being almost as far north as you can drive but some 20 kilometres away is Labrador City.

Enough for now, and until next time happy travels.



Manic 5 Hydroelectric Central



The town of Fermont

Port-Cartier Relay for Life



Janet, Julie, Jocelyne and Debbie participated in the Relay for Life on Saturday, June 13, 2009.

They were part of the "Sourire" team with leader Dr. Suzanne Raymond. There were 29 teams which raised \$52 116 for the Canadian Cancer Society.

Way to go Port-Cartier!

Congratulations to all participants for a job well done!

Maasdam Visits Sept-Iles



On Tuesday, May 19, Sept-Iles welcomed the first cruise ship in its history. The Maasdam came from Fort Lauderdale, Florida and was heading to Montreal. It carried 1300 passengers and 500 crew members. The ship was docked in Sept-Iles for the day.

There were many activities going on at the port to entertain the visitors as well as visits to the Innu camp and a trip to Allouette.

This was the first cruise ship to Sept-Iles, but there are more scheduled to come in the future.

Tax Break for Sept-Iles Seniors

(New program to reimburse certain fees of services for seniors)

The Municipal Council of the City of Sept-Îles, at its meeting of April 27, adopted a program to allow reimbursement for certain tax services, such as water and garbage collection, to seniors who request it. To obtain free services certain criteria must be met, and an application form must be completed by anyone wishing to take advantage of the refund. To find out more about the eligibility criteria or to obtain forms please contact the Ville de Sept-Iles municipal office (546, avenue De Quen - Tel.: 418 964-3215)



COMMISSION SCOLAIRE EASTERN SHORES
EASTERN SHORES SCHOOL BOARD
NORTHERN LIGHTS ADULT EDUCATION AND VOCATIONAL CENTRE

VOCATIONAL TRAINING
ASSISTANCE TO PATIENTS IN
HEALTH-CARE ESTABLISHMENT

Length of Program : 750 hours

Starting Date : September 2009

Ending Date: May 2010

Place of training: Northern Lights Adult Education Centre, 530, Brochu, Sept-Iles

Admission requirements :

- Hold a Quebec Secondary School Diploma
- Be at least 18 years of age upon entry in the program, have secondary III credits in English Mother Tongue, French Second Language, Mathematics or have functional prerequisites accredited by the Law.

Program Objectives :

This program is leading to a Diploma of Vocational Studies and is intended for men and women. You will be able to work in a health-care establishment environment as well as residential and long-term care centre.

Information and Registration

Chantal Pitt

530, Brochu

Sept-Îles (Québec) G4R 2X3

418-968-8412, 1-866-968-8412 OR chantal.pitt@essb.qc.ca

CALL TO MAKE AN APPOINTMENT

Health and Social Services Developments....

During the last two years, the North Community Association has been working with the Community Health and Social Services Network (CHSSN) towards developing our knowledge on public health and access programs. Through projects under the "We Can Act" Community Public Health Strategy, we have improved our capacity in understanding the specific needs of the English-speaking communities of the North Shore. Upon completion of these projects, the Association not only increased their knowledge within the health and social services sector, but developed valuable partnerships and also enhanced the visibility of the Anglophone population within our local health establishments and the Regional Agency on the North Shore.

In June 2009, the Regional Advisory Committee for the Access Program held its first meeting of the 2009-2010 year. Mr. Marc Deslauriers was elected Chair and Ms. Jody Lessard elected as Vice-chair. A composition of 7 members, including representation from the Regional Health and Social Services Agency, will serve a two year mandate in working towards ensuring access of English-speaking persons to a range of health and social services provided by the designated institutions of the North Shore.

Reacting on the indicated needs of the population, the Association has prioritized the importance of creating awareness of the present regional access program for Anglophones. Presently we are working in collaboration with the Regional Agency in developing an informational pamphlet on the North Shore Access Program. Pamphlets are scheduled for public distribution in September 2009.

With keeping priorities in mind, the Association will establish a community health network that focuses on addressing the concerns of the community. This network is funded under the CHSSN Networking Partnership Initiative (NPI). The first phase of the project, commencing in September 2009, covers a 6 month period and will employ one coordinator and a community liaison person, on a part-time basis. Through this established network we could encourage greater participation of the English-speaking communities in decision-making processes, implement activities that ensure long-term development in the health sector and increase the accessibility of the health and social services within the region. A strategic direction for the community.

Jody Lessard

NSCA Program Coordinator

Agence de la santé
et des services sociaux
de la Côte-Nord

Québec 

MOBILIZATION OF THE AGENCE DE LA SANTÉ ET DES SERVICES SOCIAUX DE LA CÔTE-NORD AND THE PRIMARY CARE INSTITUTIONS TO FACE THE INFLUENZA A (H1N1) VIRUS

Baie-Comeau, May 8, 2009 – The current situation in Québec with regard to influenza A (H1N1) calls for increased vigilance by the health and social services network. In this special context, the Agence de la santé et des services sociaux de la Côte-Nord wishes to inform the public that it has implemented the appropriate preventive measures and interventions, with the collaboration of the regional public health department and all the health institutions on the territory. The goal is to ensure that citizens have continuous access to care and social services.

The President and Executive Director, Mrs Nicole Demers, is very satisfied with the way the entire network came together to prepare for the passage to a Level 5 alert to a potential influenza A (H1N1) pandemic. "We had a very good response. It's an indication of good preparation and dedication on the part of staff, she said. I want to thank all workers in the network for their individual and collective contributions to this mobilization."

Local civil protection coordination centres (health mission) have been set up in each institution on the territory covered by the agency, in accordance with departmental directives. The agency's regional coordination centre is in constant contact with the civil protection coordination centre of the ministère de la Santé et des Services sociaux, which coordinates all the activities included in the *Québec Pandemic Influenza Plan - Health Mission*.

The Agence emphasizes that respiratory hygiene measures and frequent hand washing with soap and water must be applied at all times, and that vigilance is required to help curb virus spread in the population, particularly the spread of influenza A (H1N1) virus.

Information on the various health aspects relative to the influenza A (H1N1) virus may be obtained by contacting Info-Santé at 8-1-1. It is also possible to visit the Website www.pandemiequebec.qc.ca or call Service Québec's toll-free number, 1 877 644-4545, seven days a week from 8 a.m. to 8 p.m.

Source: Agence de la santé et des services sociaux de la Côte-Nord



Fermont School News

Spring Concert and Barbeque

On June 4 we had our annual Spring Concert and Barbeque; the North Shore Community Association provided the hamburgers and hot dogs for the meal. We would like to give Cathy Lariviere special thanks for taking on the job of making all the hamburger patties, again this year, for the large group. Cathy has always been a strong supporter of Fermont School.

Trip to the Cultural Showcase

Seven of our students in grades 4, 5 and 6 travelled to New Richmond to participate in the Eastern Shores School Board Cultural Showcase. They had a very enjoyable experience.

Trip to Churchill Falls

As part of our school project, It's Great to be Bilingual, all the students from grade 1 to grade 6 travelled to the English community of Churchill Fall in Newfoundland and Labrador. The voyage was a 4 hour bus ride from Fermont. Once we arrived, the children were given a tour of the hydro electric dam, watched a movie in the theatre, went swimming, visited the school and attended classes with the Churchill Falls' students in the morning.



We arrived on Wednesday, June 17, stayed overnight and returned to Fermont around 20h00 on Thursday, June 18. The highlight of the trip for students, teachers and parents was the helicopter ride over the hydro electric dam and around the town of Churchill Falls. Each helicopter could carry 13 passengers. It was a great experience and our students are continuing to learn how great it is to be bilingual in our country.



QEHS ATTENDS BLEU METROPOLIS

On April 22-24, Chloe Deraps, a Sec. 5 student from Queen Elizabeth High School and her teacher Mrs. Robertson attended the 11th Annual Bleu Metropolis Literary Festival in Montreal.

"Words That Matter", the theme of the festival, proved to be an unforgettable experience.

Chloe and I attended workshops geared towards becoming a better writer. We were thrilled to meet published authors who invited us into their world of non-fiction.

It was an experience we will not soon forget and would recommend it to other schools within Eastern Shores.

We would like to thank ESSB and Bleu Metropolis for giving us the opportunity to attend this worthwhile event.



Riverview would like to take this opportunity to thank Ms.Marilyn Miller for her six years as our Phys. Ed teacher. Good luck at whatever you decide to do next.



Kindergarten, grade 2-3 did a **Butterfly Project** to end the school year. We recieved caterpillars and watched them become chrysalis' and then hatch into beautiful Painted Lady Butterflies! We then released them into Mrs. Wigmore's garden.



Riverview cycle 3 Grads. Congratulations!



Last week of school activity at Base de Plein Air Port-Cartier

Installation of Bishop Dennis Drainville

Text by James Sweeny and Canon Stephen Kohner



The Dean escorts Bishop Dennis Drainville in to the Cathedral of the Holy Trinity this past Pentecost Sunday (photo credit: James Sweeny)

There was a real sense of hope and joy tinged with a little sadness at the 81st Ordinary Synod held at Laval University in Quebec City on May 28-31. Thursday afternoon began with Bishop Dennis meeting with the clergy and lay incumbents. He officially cancelled all previous licenses and issued new ones along with new letters of appointment. These letters set out his expectations and explain how the license holders will be evaluated.

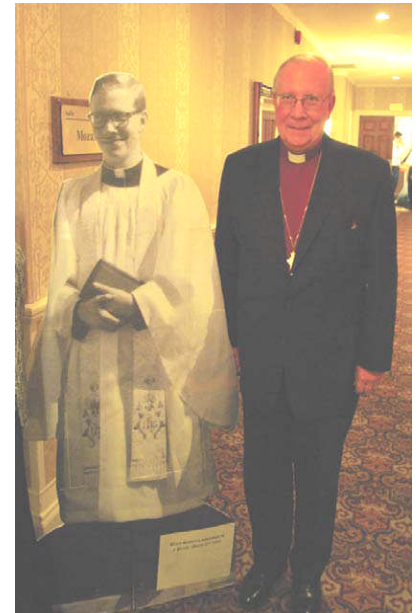
As always the first session of Synod began with the Eucharist. Archbishop Bruce Stavert officiated and then he addressed the members of Synod saying he was pleased with how well things had gone since the last meeting, what a good diocesan bishop Dennis will be and with a twinkle in his eye how happy he was not to have to chair this meeting. He then handed over the gavel and the synod to Bishop Dennis.

On Saturday evening a Gala Dinner was held celebrating the ministry of Archbishop Bruce and Diana Stavert. An almost life-size photo of the Archbishop picturing him on the occasion of his ordination to the priesthood in 1965 marked the entrance to the dining room. The MC

for the evening was Canon Graham Jackson who had lined up speakers to reflect on various parts of their time in our diocese.

On Pentecost Sunday the Eucharist was held at the Cathedral. The congregation of 350 included other diocesan bishops, the Archbishop, Cardinal Marc Ouellette and clergy and lay from across the diocese. They were all there to witness to the enthronement of Dennis Paul Drainville as the Twelfth Lord Bishop of Quebec.

The Synod was very upbeat despite the many challenges the diocese is facing. The diocese is moving forward with faith, love and hope. Bishop Dennis has instilled a renewed vigour within the vast diocese. The north shore Anglican congregations in Baie-Comeau and Seven Islands are already engaged in the process of discerning our leadership, stewardship and mission objectives for the next few years.



Archbishop Bruce Stavert stands beside a life-size replica of a



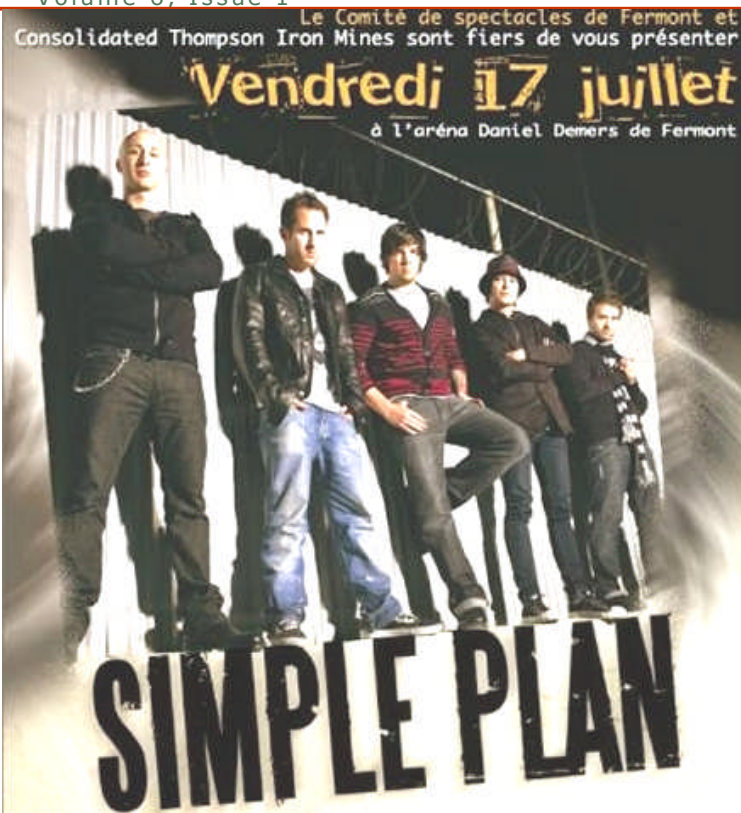
Quebec
Community
Groups
Network

QCGN launches "The Sheila and Victor Goldbloom Distinguished Community Service Award"

The Sheila and Victor Goldbloom Distinguished Community Service Award has been established by the Quebec Community Groups Network (QCGN) to celebrate individuals who have gone above and beyond in contributing to the vitality and understanding of English-speaking Quebec. The award celebrates individuals like Victor and Sheila Goldbloom, who have dedicated their lives to ensuring English-speaking Quebec remains a vibrant community within Quebec and Canada. For many years Sheila and Victor Goldbloom have invested their talents and skills for the betterment of the community and inspired others through their outstanding contributions. They are models for the engaged citizen.

Candidates for *The Distinguished Community Service Award* should have demonstrated leadership and commitment as a volunteer or as a professional in their chosen field of endeavour. Their contributions can be in any and all regions of Quebec and in any field from business to academia; from youth to seniors; from health and social services to arts and culture; and any other area such as heritage, the environment and sports. "The guiding principle is that these individuals have provided strong and effective leadership and succeeded in improving the quality of life of English-speaking Quebecers and the broader society," said Donnelly. The deadline for nominations is July 15th. More details on the award on how to nominate candidates can be found on the website of the QCGN at www.qcgn.ca.

The award will be given to the lucky recipient at the Annual General Meeting for the QCGN on September 12, 2009 in conjunction with festivities surrounding the 40th anniversary of the Official Languages Act in the National Capital Region.



SIMPLE PLAN

AT THE
FERMONT ARENA
JULY 17, 2009

Simple Plan's concert tour in Fermont on July 17, 2009

Tickets can be purchased from the Maritime Travel Agency as of June 13th

For more information call:

1-418-287-5468 or 1-866-287-5468

Floor level tickets: \$60.00

Bleacher tickets: \$50.00

English Community Directory for the North Shore

The NSCA Community Directory, a guide containing details of services, organizations, groups and other useful contact information is available for communities of the North Shore.

The Community Directory is a great resource made available to our members/newcomers of the region.

Copies will be mailed to members and also available for public at our office.

If you know someone who might want to have a copy please have them contact us at the office for more information (418-296-1545)

An online version of the directory will be made



Wanted Photos for Website

The NSCA is looking for photos of the North-Shore. These photos are needed for our revamped website. All photos old and new are welcome.

Please email photos to
nsc@quebecnorthshore.org



The NSCA would like to thank all those who have generously made a contribution to this newsletter.

If there are any comments or suggestions, please let us know by email at

nsc@quebecnorthshore.org

We would love to hear from you.

If you wish to make a submission for our next newsletter, please feel free to give them in anytime.

Articles can be submitted to

Jody or Corine via email

NSCA

We the North Shore Community Association, a non-profit organization, are dedicated to instilling pride within the English-speaking community living on the North Shore. We aim to empower its residents with information by working to make resources available, promoting access to services, and raising awareness amongst the greater community that we live in. Through encouraging and improving communication we believe this will result in a strong network and will provide opportunities for us to come together.

Website www.quebecnorthshore.org



Canadian Heritage

Patrimoine canadien

Sponsored by the Official Languages Support Program
Of The Department of Canadian Heritage

ENGLISH DAY CAMP



Are you between the ages of 5 and 12?
Looking for a fun way to learn some English?
Do you enjoy sports, silly songs, crafts, and having a fun time?
Then join us for a week-long English language day camp in
Secteur Marquette provided by a team of
dynamic bilingual animators.

Here are the details...

- **Dates:**
 - o Camp #1: July 13 – July 17: “The Sound of Music”
 - o Camp #2: July 20 – July 24: Around the World in 5 Days
 - o Camp #3: August 3 – August 7: Silly Scientists
- **Location:** 34 rue Carleton (Church of St. Andrew & St. George – facing Parc des Pionniers)
- **Time:** 09:00 – 16:00
- **Cost:** \$100/child (includes \$25 non-refundable registration fee and craft supplies); rebate of 20% for second child in the same family; 30% for third and more; 10% for any two weeks
- Does not include sandwich lunch, snacks, day care
- Day care services: on demand (extra cost).
- **Pre-Registration:** June 1 – 23
 - o Maxime Côté : 418-296-1547
- **Information:**
 - o Jody Lessard: 418-296-6957
 - o Stephen Kohner: 418-295-3431



Organized by the Church of St. Andrew & St. George, the North Shore Community Association, and The BCHS Community Learning Centre and sponsored in part by Services Canada.

The Church of St. Andrew & St. George

34, avenue Carleton
Baie-Comeau, QC



Situated on avenue Carleton in Baie-Comeau, in front of Parc des Pionniers, this unique Anglican Church was built in 1937. It was the first church in the area to be constructed and it features Tudor architecture with solid oak furnishings and exceptional stained glass windows. The principal Nativity window, created by Clara Fargo Thomas, is distinctive in its depiction of North Shore wildlife.

Please drop by for a visit...

Bilingual guided tours are available


Monday through Friday

10:00– 11:45

13:00 – 16:30

July 1 – Aug. 7, 2009

Information: 418-296-2833

 The Anglican
Church of Canada